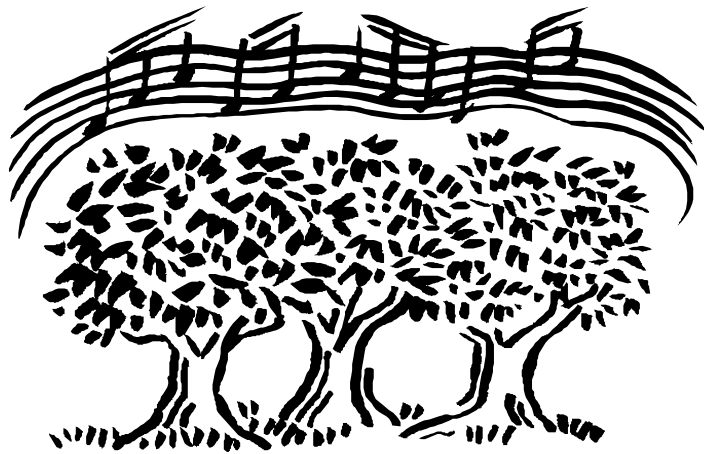


Sing to the Lord a New Song



A Music Retreat
for musicians & music lovers

July 16 ~ 18, 2010
Chanco on the James

chancoonthejames.org

*Praise with a blast on the trumpet,
praise by strumming soft strings;
Praise him with castanets and dance,
praise him with banjo and flute;
Praise him with cymbals and a big bass drum,
praise him with fiddles and mandolin.
Let every living, breathing creature praise GOD! Hallelujah!*

From Psalm 150 (The Message)

Music is a powerful force. We enjoy making music and listening to music. Music is a gift from God that touches our hearts. It brings us together, helps us realize new possibilities, and inspires us to take action. The more we understand how music moves us, the more open we can be to God's movement in our lives.

Join us for a weekend of music – singing it, playing it, talking about it and listening to it. Whether you can sing solos in your choir or can't carry a tune, whether you can play Chopin or chopsticks – this weekend is for you. Come and make a joyful noise! Bring the whole family...

Price Information:

	Two Nights	One Night	Saturday Only (no lodging)
Adult - Single occupancy	\$170	\$90	\$35
Adult- Double occupancy	\$140	\$75	\$35
Children 7 - 12 years old (sharing w/parents)	\$50	\$50	\$15
Children 0 - 6 years old	FREE	FREE	FREE

All prices include Saturday brunch and dinner and Sunday breakfast. All rooms are air conditioned with a private bath.

This event is sponsored by the Program Committee of the Chanco Board. Please contact Mary Lou Crifasi for information regarding workshops & program. (757-630-3130 or mcrifasi@easternshorechapel.org) For all other information, contact Chanco (888.7CHANCO)

Workshops

All workshops are 90 minutes long. Workshop leaders will contact you prior to the retreat regarding what to bring.

Morning Workshops

(#1) Music for Children

Michael Greene, Recording Academy President once said “Music is a magical gift we must nourish and cultivate in our children.” For a brief moment children (preschool – 11 years) will enjoy this magical gift through singing, movement, playing simple instruments and games. *Elaine Sbrader, Emmanuel, Virginia Beach*

(#2) Sing-a-Long

It seems there is never enough time to sing worship & praise music. Request your favorite songs and hymns and sing your heart out. *Bob Sullivan, Emmanuel, Virginia Beach*

(#3) Finding God in Music Videos

Music videos have been part of our culture for decades. We will take a look at a few secular music videos and reflect on the spiritual themes in them. *Mary Lou Crifasi, Eastern Shore Chapel*

(#4) Guidance for the Guitar

Are you tired of merely strumming chords to ho-hum arrangements of hymns at church? Want to be an inspirational force in worship? Join Charles as he helps guitarists to hone their musical skills. Don't forget your guitar! Charles Porter, Church of the Ascension, Norfolk

Afternoon Workshops

(#5) The Rhythm of Prayer

This workshop will explore using drum circles to facilitate stress release, meditation and prayer. Bring a drum and join our circle! (Some extra drums will be available.)

(#6) If You Sing It They Will Come! (Teen Praise Band)

Trying to get your young people involved in worship? Give them a guitar or a shaker, pick the right songs and they will come! **Teens!** Bring your instruments (or voices) and learn how to be a worship leader!

(#6) Sound Support 101

This workshop is intended for novices as well as those with some experience operating a sound system in a church environment. You will be introduced to a sound mixing console and learn what to do with all those little knobs and switches. Do you know what a 31 band graphic equalizer is? Jim will show you what it is and what it does. You will also learn something about the science of sound. Bring your curiosity and willingness to learn some cool stuff. *Jim Raybourn, sound technician, Emmanuel, Virginia Beach*

(#8) Music & Spirituality

Have you ever been listening to music and, all of a sudden, your eyes fill up with tears? Have you ever wondered what in the world was going on? Have you ever considered that God was tapping on the window of your heart? Let's talk about it. Let's talk about the musical ways that God touches our hearts. *Mary Lou Crifasi, Eastern Shore Chapel*

(#9) Joyful Noise

This workshop is for those who think they aren't musicians, and for those who just like to have fun - a great workshop for families to share together. We'll use all kinds of instruments to make a joyful noise, and you will be surprised at how musical you really are! The music a group can produce is greater than the sum of its parts. Just what is a Boomwhacker, anyway? *Joan Raybourn & Melissa Thomas, Emmanuel, VB*

Schedule *Tentative and subject to change*

Friday	6:30	Check in (after dinner)
	7:00	Gathering Singing Compline
	9:00	Singing around the campfire
Saturday	9:00	Morning Worship (optional)
	10:00	Brunch
	11:00	Morning Workshop
	1:00	Afternoon Workshop
	2:30	Snacks & Free Time (pool is available)
	6:00	Dinner
	7:30	Sharing Our Gifts (Music Offerings)
Sunday	9:00	Breakfast/Free Time
	11:00	Eucharist
	12:00	Departure

Things to Bring

Comfortable clothes & rain-gear
Folding chairs, beach chairs or floor cushions
Musical instruments
Flashlight/lantern with extra batteries
Insect repellent and something for bug bites
Sunscreen
Beach towels and bathing suits (if desired)
Snacks to share
Sports equipment, games, cards, etc.
Sense of humor



Attention Parents

We are delighted to have you and your children with us for this weekend. We are offering a children's workshop on Saturday. For your convenience, you may drop your child off 10 minutes prior to the start of the workshops. You are responsible for your children at all other times.



Arrangements can be made to rent canoes, kayaks and sailboats for an additional charge.